

biography



Luis Angel Diaz

Trainer/Facilitator

Luis Diaz is the founder of the Body-Mind Center in California and the creator of the CMR-Cellular Memory Release Process. His Bestseller book, “Memory in the Cells” has been published in five languages. He is also an international trainer and lecturer author of numerous video trainings and e-books on the subject.



He began his studies in Chinese & Tibetan Medicine in his early twenties. After several years as a practitioner of Oriental Medicine, Shiatsu, Reiki, Homeopathy, Naturopathy, Nutrition and Herbology, he concluded that most of the physical or psychological imbalances that we experience are caused by emotional and electrical disturbances with the main roots in our belief system and our mind’s programming.

Due to this discovery, he devoted himself to find more ways to access those levels. He became a Touch for Health Instructor and a Clinical Hypnotherapist and the Neuro- Linguistic Programming facilitator. The experience of Luis Diaz as an instructor started more than 30 years ago, teaching Shiatsu, Acupressure and Oriental Diagnosis workshops at Oriental Medicine schools. Currently he is dedicated to practicing, teaching and evolving the Cellular Memory Release (CMR) Process with the Neural Net Repatterning (NRR) and Pain-Body Release (PBR) trainings. These are a synthesis of tools to access and wake up our body’s intelligence, activating our emotional intelligence. He is dedicated to disseminating these tools for empowerment across different countries in all the Americas and Europe, specially in communities who value both self-empowerment and spiritual growth. The Cellular Memory Release Process provides its services both online and locally in the form of seminars, workshops, private consultations and professional training courses. These practical tools for empowerment are available for anyone who wants to learn how to release the trapped emotions from the past and facilitate positive shifts physically, mentally and emotionally in themselves or clients, permanent way.